



Department of Political Science
St. Bede's College, Shimla

Activities
2024-2025

Activity: A Talk on Health, Career and Leadership
Date: August 28, 2024

Objective: Department of Political Science, organized a talk on the theme “Health, Career and Leadership” on August 28, 2024 to aware the students about the importance of sound health, available career prospects after graduation and leadership skills.

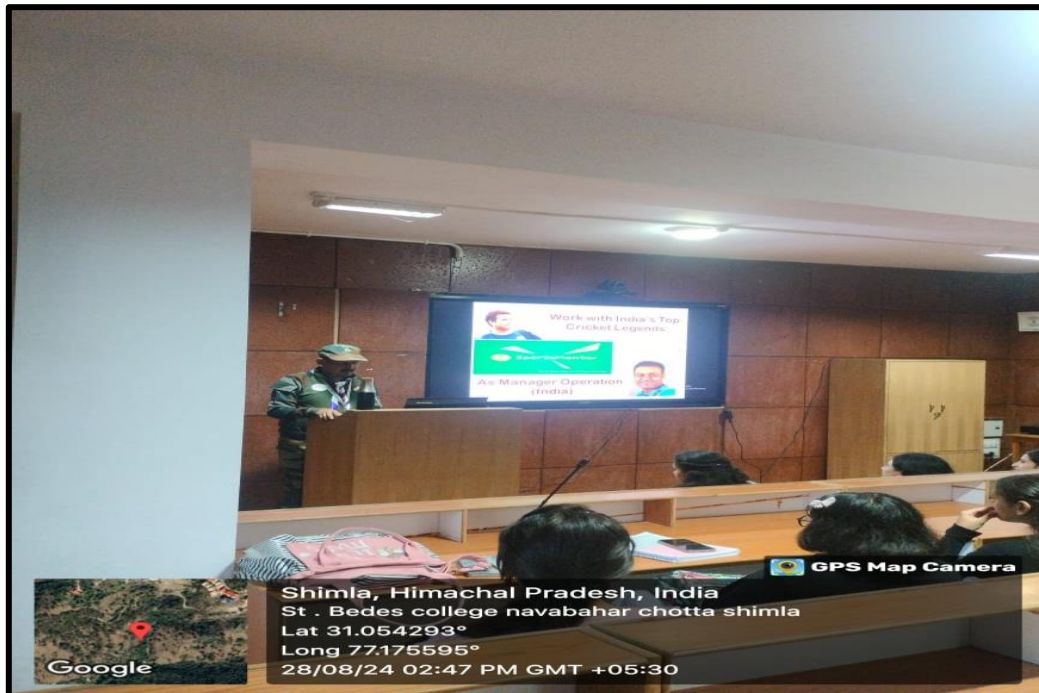
Description: The guest speaker, Mr. Kishore Singh, National Executive Director, Hindustan Scouts and Guides, India, acquainted students of B.A. IIIrd and IIInd year with the career prospects available after completing their graduation degrees. He presented a motivational PowerPoint presentation on life challenges and inspired students to lead a healthy and purposeful life beyond excelling in their chosen careers.

The students were then engaged in an interactive session to motivate them to enhance their leadership qualities, boost self-confidence and improve communication skills. The lecture was followed by an open session for Q& A, which helped students to express their concerns on day-to-day health-related problems like PCOD, stress, Migraine pain, Obesity, etc.

Outcome: The students were inspired to adapt to a healthy lifestyle and follow their dreams through their dedicated efforts. They felt enthused to face life challenges with great courage and wisdom. Overall, the lecture helped in sensitizing students about the problems faced by young people these days, their acceptance and management.

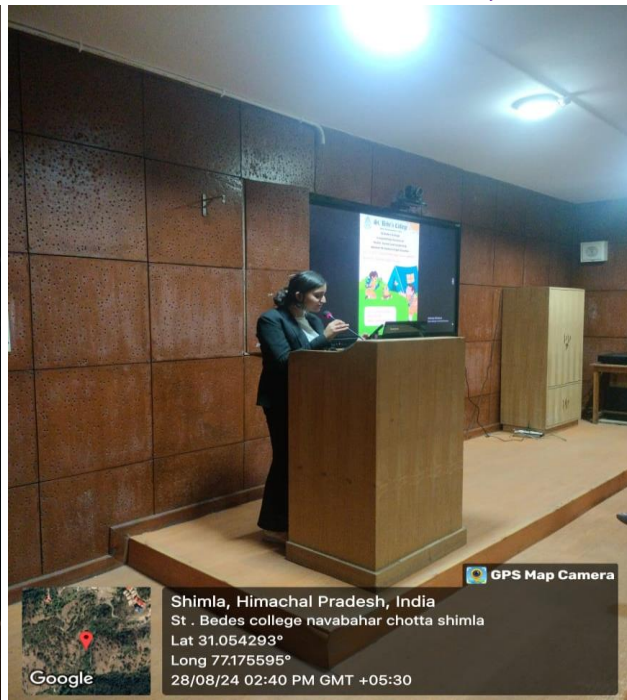
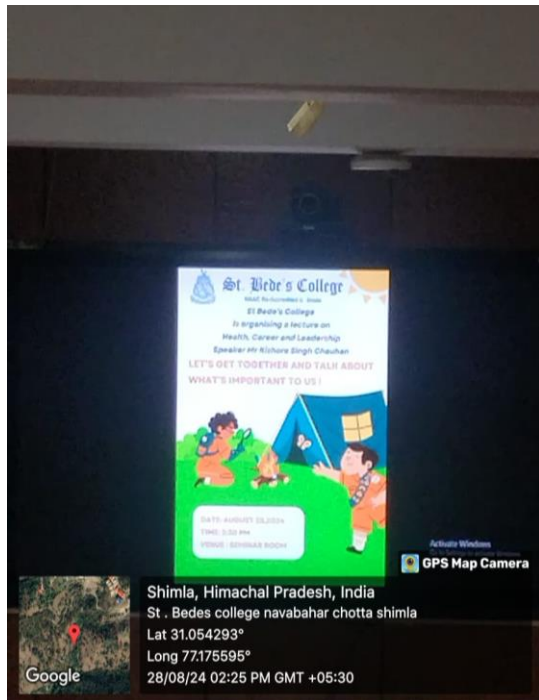


Department of Political Science
St. Bede's College, Shimla





*Department of Political Science
St. Bede's College, Shimla*



A Talk on “Health, Career and Leadership”, August 28, 2024



Department of Political Science
St. Bede's College, Shimla

Commemorating 'International Day of Peace'

Activity:- Power-Point Presentation, Film Screening & Dialogue

Theme:- Peace: Our Global Ambition

Date: September 21, 2024

Objective: The Department of Political Science organised an engaging PowerPoint presentation followed by a thought-provoking Film screening to observe International Day of Peace. It aimed at promoting peace and understanding among the students and creating an awareness about the impact of conflict on innocent civilians.

Description: The event began by highlighting the meaning of Conflict and its trajectory. A student of B.A.III reflected her thoughts on ongoing International conflicts and their possible resolution, it underlined the importance of global peace and harmony and relevance of international organisations.


The insightful PowerPoint presentation was followed by a film screening 'Revolution 1917' set against the backdrop of Russian Revolution of 1917. The subsequent onset of the Civil War and the contemporary times led emphasis on human experiences during wartime, exploring the power of love and resilience. It spread the message of working towards a world where conflict is resolved through dialogue and cooperation.

Outcome: The event ended on a successful note by creating an awareness about the ongoing conflicts in contemporary times, the attainment of conflict resolution and their impact on the lives of civilians. It successfully imparted the message of the role the general masses can play in creating a harmonious and peaceful world.



*Department of Political Science
St. Bede's College, Shimla*

ST. BEDE'S COLLEGE
DEPARTMENT OF POLITICAL SCIENCE



INTERNATIONAL DAY OF PEACE

Today, we join together to promote peace and understanding among all nations and people. Let us work towards a world where conflict is resolved through dialogue and cooperation.

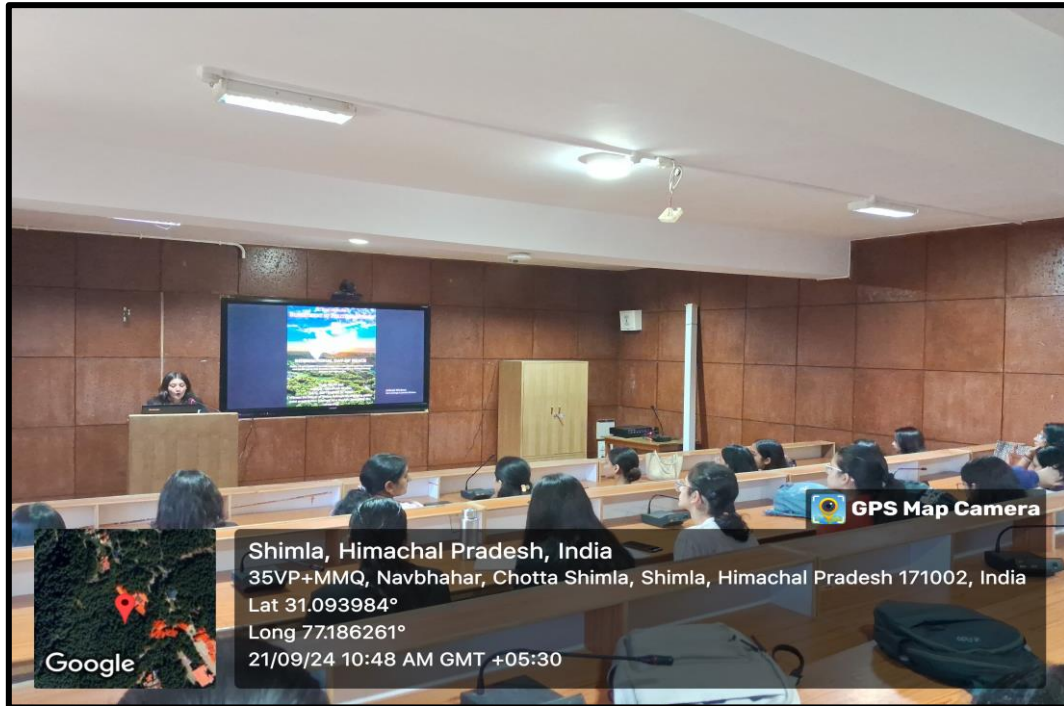
TIME: 10:30 AM
VENUE : SEMINAR ROOM
DATE: SEPTEMBER 21, 2024
(Witness the power of theme through an engaging power point presentation followed by a thought-provoking film screening)

Activity Brochure





*Department of Political Science
St. Bede's College, Shimla*



Observing International Peace Day, September 21, 2024



Department of Political Science
St. Bede's College, Shimla

Cleanliness Drive

Date: 01-10-2024

Venue: Navbahar Locality, Shimla

Collaborating Agency: Rotaract Club, Shimla

Objective: The Department of Political Science initiated a cleanliness drive in collaboration with the Rotaract Club, Shimla, to commemorate the birth anniversary of “Father of Nation” M.K. Gandhi and spread an awareness of keeping the environment clean and green promoting ideal of *Swaccha Bharat, Shreshtha Bharat*.

Description: The students of the Department of Political Science, with the members of Rotaract Club, Shimla organized a cleanliness drive in the Navbahar locality on October 01, 2024. The alumni of the department Ms Shivangni Chauhan with her team guided the students to conduct the program and encouraged them to become active society contributors. To carry out this initiative smoothly, the students were divided into two teams and allocated the respective areas. Around three garbage sacks were collected by them, which they disposed off with Municipal Corporation Shimla. The students further spoke to the youngsters of the area and reminded them their responsibility of keeping our environment neat and clean.

Outcome: This collaboration enthused the students to contribute more towards ‘Mother Earth’ and become pioneers in protecting and preserving the environment.



Department of Political Science
St. Bede's College, Shimla



Rotary THE MAGIC OF ROTARY Rotaract RI District 3080

RAC SHIMLA MIDTOWN

In Collaboration

Political science Department
St.Bedes College Shimla

Is organizing

Cleanliness Drive

Venue - Navbhar Chowk
Date - 1st October 2024
Time - 1:30 PM





*Department of Political Science
St. Bede's College, Shimla*



Cleanliness Drive, October 01, 2024



*Department of Political Science
St. Bede's College, Shimla*

National Constitution Day

Declamation Competition

Date: November 26, 2024

Theme: Relevance of Constituent Assembly Debates

Objective: The Department of Political Science organized a declamation competition on November 26, 2024 to commemorate 75th year of the making of Indian Constitution and sensitize students about their constitutional obligations.

Description: With an aim to reach out to the young generation and sensitize them about their constitutional values, this competition was organized on the theme “**Relevance of Constituent Assembly Debates**”. Before starting with the declamation session, the Preamble of Indian Constitution was read out by the students and the teachers to emphasise on the enshrined principles within Indian Constitution which include- India as a Sovereign, Socialist, Secular, Democratic, Republic.

The event comprised participation from students of Humanities who delivered their speech on a wide range of constituent debates including- Linguistic Diversity, Secularism, North-South Divide and Fraternity. These participants enlightened the audience with their thought-provoking content which not just presented factual knowledge but highlighted the contemporary issues within India as a nation. Ms. Riya Sharma from B.A. III and Ms. Srijan from B.A. I bagged First and Second positions.

Outcome: This 75th Year of Constitution Day marks great significance, as with all other educational developments it is even more vital to imbibe constitutional values among the youth. Therefore, as an effort in the similar direction this competition sensitized students about the relevance of Constitution, constitutional values and their duties towards society and the Nation.



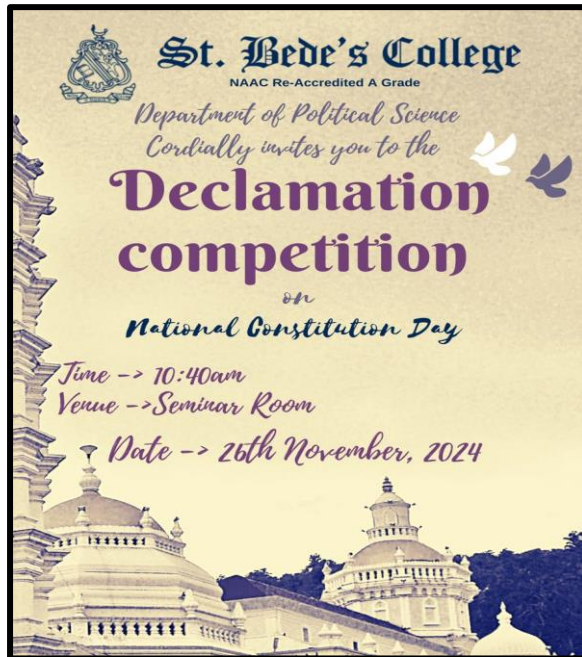
Department of Political Science
St. Bede's College, Shimla



Declamation Competition on 'Relevance of Constituent Assembly Debates'



*Department of Political Science
St. Bede's College, Shimla*



Brochure for the Competition



Department of Political Science
St. Bede's College, Shimla

Domestic Violence Act, 2005

Documentary Screening

Date: November 28, 2024

Venue: Seminar Room

Objective: A documentary screening on the **Domestic Violence Act** was held on **November 28, 2024** by the Department of Political Science with an aim of raising awareness about domestic violence, its impact on individuals and society, and the legal measures in place to address and prevent such violence.

Description: The documentary featured real-life stories, expert interviews, and an in-depth exploration of the Domestic Violence Act, highlighting its significance, the legal process, and the challenges survivors face in seeking justice and support. It provided an insightful and emotional perspective on the issue of domestic violence. Its main emphasis was on **Domestic Violence Act (2005) in India** exploring:

1. **The Evolution of the Domestic Violence Act**, highlighting key provisions of the Act, including the protection of women from domestic abuse, the legal procedures for seeking redress, and the support systems in place for survivors.
2. **Real-Life Testimonies:** Survivors of domestic violence shared their experiences, shedding light on the emotional, physical, and psychological toll that abuse takes on individuals and families. Their stories highlighted the importance of the Domestic Violence Act in providing legal recourse and a sense of security to victims.
3. **Expert Insights:** Legal professionals and activists provided insights into how the Act has been implemented and its effectiveness in protecting victims.
4. **Challenges in Enforcement:** Issues such as underreporting, societal stigma, inadequate support, and delayed justice were addressed, emphasizing the need for continuous advocacy and improvement in the system.
5. **Impact of the Act:** While the Act has been instrumental in providing a legal framework for victims of domestic violence, the documentary underscored the need for further reforms to ensure that victims are better supported and perpetrators are held accountable.

The screening was followed by a discussion among the students where they shared their thoughts and experiences, offering a broader perspective on how domestic violence is perceived and handled in different communities.

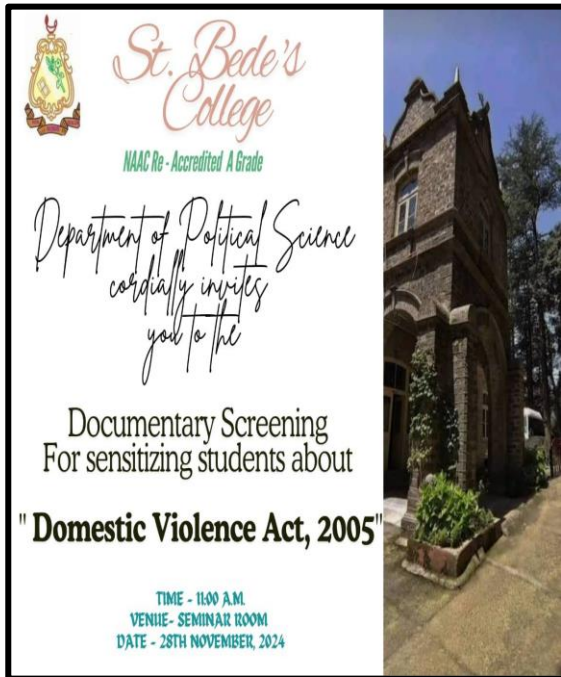
Outcome: The documentary screening on the **Domestic Violence Act** served as an informative and impactful event that brought attention to the importance of legal protection for victims of domestic violence. It also highlighted the ongoing challenges in enforcement and the need for continuous societal change. Further, the importance of training for law enforcement and judicial authorities to ensure sensitive handling of domestic violence cases was highlighted through a strong deliberation by the audience. The screening successfully fostered a greater understanding of the Domestic Violence Act and its role in protecting individuals from abuse, while also encouraging proactive measures to improve the systems in place.



Department of Political Science
St. Bede's College, Shimla



Nav Bahar Directorate Road, Chotta Shimla,
Shimla, 171002, Himachal Pradesh, India
Lat 31.094066, Long 77.186332
11/28/2024 11:11 AM GMT+05:30
Note : Captured by GPS Map Camera



St. Bede's College
NAAC Re - Accredited A Grade
Department of Political Science
cordially invites
you to the

Documentary Screening
For sensitizing students about

" Domestic Violence Act, 2005"

TIME - 11:00 A.M.
VENUE - SEMINAR ROOM
DATE - 28TH NOVEMBER, 2024



Nav Bahar Directorate Road, Chotta Shimla,
Shimla, 171002, Himachal Pradesh, India
Lat 31.094162, Long 77.186317
11/28/2024 11:11 AM GMT+05:30
Note : Captured by GPS Map Camera



*Department of Political Science
St. Bede's College, Shimla*



Movie Screening on Domestic Violence Act, 2005



*Department of Political Science
St. Bede's College, Shimla*

National Voter's Day

Theme: "For Democracy, For Everyone"

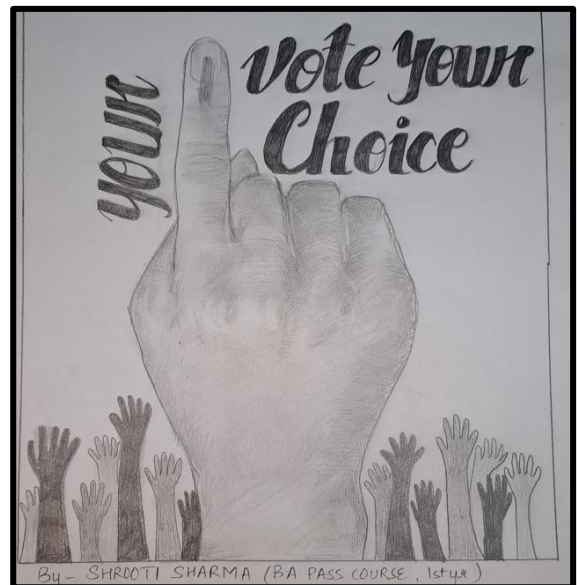
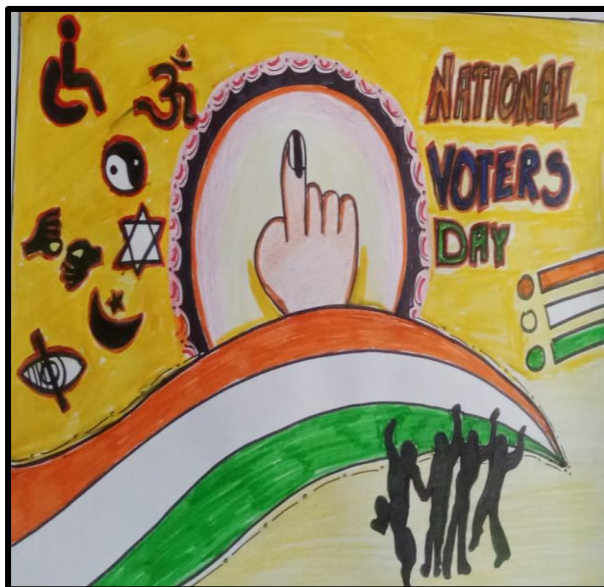
Date: January 25, 2025

Objective: To celebrate National Democracy Day and sensitize students and society about their voting rights, the Department of Political Science with Electoral Literacy Club organized multifarious activities on National Voters' Day. The objective for celebrating this day was to ensure that students understand their duty towards the country as voters and exercise the precious right with full knowledge, responsibility and pride.

Description: Activities such as video/ Documentary Making, reel making, essay, poetry and slogan writing were performed by students while enjoying their winter vacations in January 2025. The time was suitable for running a sensitization campaign, as it got easier for students to not just perform these activities with their family members but also spread awareness amongst neighbourhood and friends about rights and responsibilities of aware citizens.

Students participated in these activities with great enthusiasm and reached out to the general public through active conversation and means of social media platforms such as Instagram.

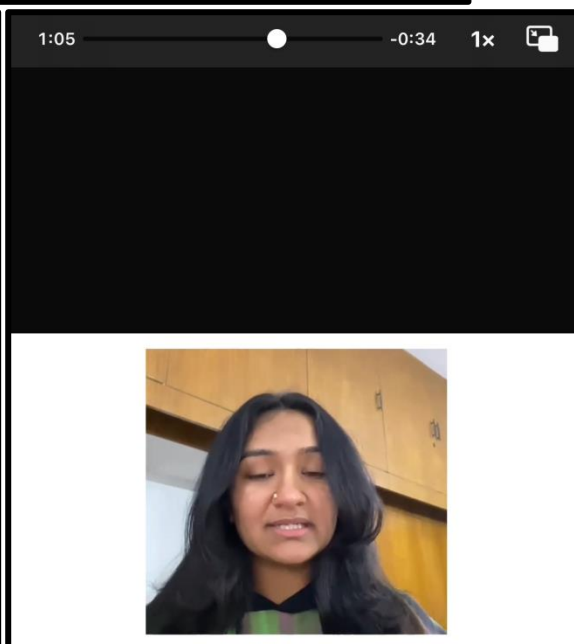
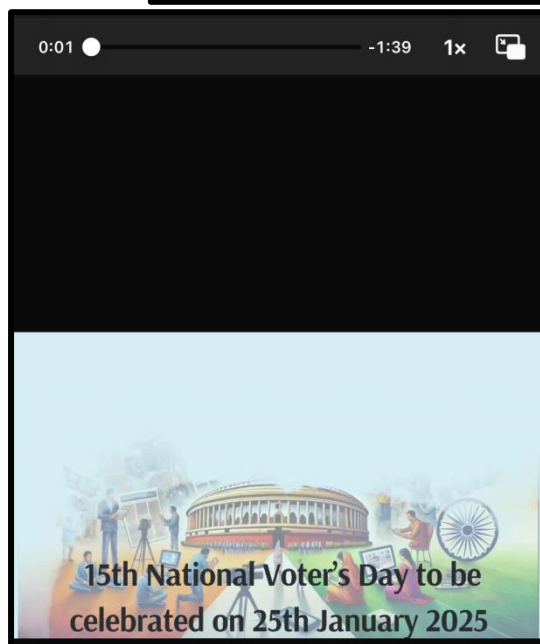
Outcome: The activities organised by the Department on the occasion of National Voters' Day turned out very fruitful and encouraged the students to take part in electoral process and sensitize their communities while balancing rights and responsibilities of aware citizens. It helped not just the students to understand about their duties but also enthused them to spread awareness among common men in society.



**Poster Making Competition, National
Democracy Day**



*Department of Political Science
St. Bede's College, Shimla*



Voting Awareness through Video Making, National Democracy Day